

MASUSTANSYANG PAGKAIN PARA SA ESTUDYANTE NG MGA DAY CARE CENTER

Napag-alaman na ilan sa mga bata na nag-aaral sa mga Day Care Center ng Zamboanga City ay kulang sa nutrisyon at sustansya. Kaya't isinusulong ng Zamboanga City local DSWD ang Supplementary Feeding Program sa lungsod. Lingguhan ang pagbibigay ng mga sangkap tulad ng bigas, gulay, at iba pang masustansyang pagkain sa pitong Field Offices ng Lungsod.

Ang proyektong ito ay napakahalaga sa nutrisyon ng mga batang apat (4) hanggang anim (6) na taong gulang upang sila ay magkaroon ng malulusog na pangangatawan, pokus sa klase at masiglang pamumuhay sa araw-araw

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CLIMATE CHANGE: WE CAN DO IT THROUGH ZERO WASTE

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The earth's climate system has drastically changed since the late 1800s. This caused global warming. Global warming is the rising temperature of the earth's surface. Rising sea levels, extreme weather like typhoons Haiyan or Yolanda, and the expansion of deserts are just some of the effects of global warming.

Surface temperature increases causing the arctic glaciers, permafrost and sea ice to melt. It also increases rainfall and snowfall while causing droughts and wildfires in other regions. Just recently, the internet was bombarded with articles, memes, and photos of the wildfires that caused destruction in the Amazon forest and the forest fires in Indonesia that brought about smoke or haze in the Philippines.

Human activities contribute to the greenhouse gas emissions which is also a factor in causing global warming, thru landfills

and incinerators. Zero waste management is a principle geared towards decreasing the amount of waste. It is designed to encourage consumers to recycle and reuse products. Its main goal is for no trash to be sent to landfills, incinerators or the oceans. This movement is a call to action for companies or enterprises for innovation to participate in Zero waste management.

Government, private companies and institutions, along with every consumer, should work together in minimizing waste and promote discipline in taking care of our planet. Active campaigns, policies, and advocacy to create awareness and get the message across are much needed in order for this advocacy to be successful. Most importantly, discipline and love for our planet should start within ourselves. And please, clean as you go.

WHAT'S IN THE AIR